

To: Visiting Athletic Trainers  
From: Misty A. Sax, MS, ATC  
Subject: Training Facilities and Supplies

I would like to welcome your teams to Anne Arundel Community College. I hope that their trip to Arnold Maryland is a safe one, and would like to offer our help with any assistance your athletes may need while here.

The following will be provided:

- Ice water and cups
- Injury ice and bags
- Biohazard disposal
- Emergency Equipment (crutches, backboards, splints)
  - *PLEASE return any emergency equipment provided*
- Hydrocollator, Whirlpool, Electrical stimulation and ultrasound

The training room is located in room 141 in the gymnasium, and will be open at least an hour prior to game time. The training room can offer all modalities that your athletes may need. If an athlete requires the use of electrical stimulation or ultrasound, please send specific written documentation of the treatment settings. Finally, please remind your athletes to bring all necessary supplies if taping is required.

During games campus security acts as our liaison with local emergency medical staff. In event of an emergency please be certain that your coaches have all the pertinent information on their athletes so that as much information as possible can be provided to the EMT personnel. I will do my best to provide you with all documentation regarding the incident as soon as possible.

In the event that multiple events are taking place, it may not be feasible for myself or my assistant to be at all venues, in which case we will be available via radio communication through our team's head coach. Thank you for your consideration in helping me care for your athletes.

The following personnel and services will be available:

Misty Sax, MS, ATC ~	Athletic Training Room	410-777-2323
	Cellular Phone	703-624-2289
Dr. Jim York, MD ~	Team Physician	410-768-5555
Empire Medical Building		
200 Hospital Drive, 2 <sup>nd</sup> floor		
Glen Burnie, MD 21061		
North Arundel Hospital	General Info	410-787-4000
Hospital Drive	Emergency Dept	410-787-4565
Glen Burnie, MD 21061		